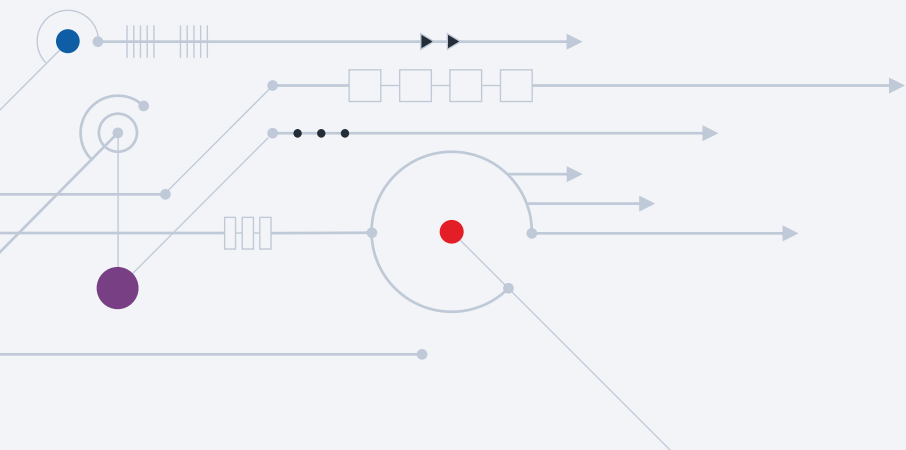
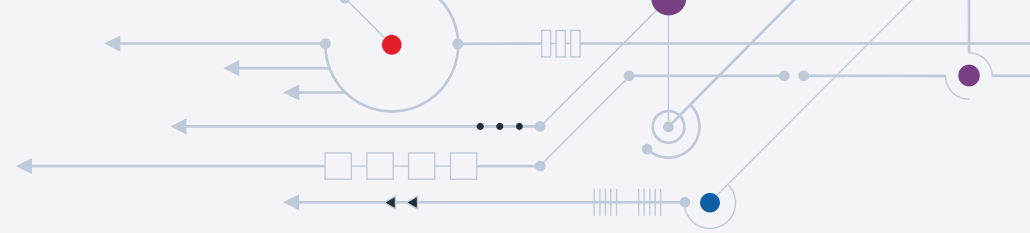




Game-based skill development

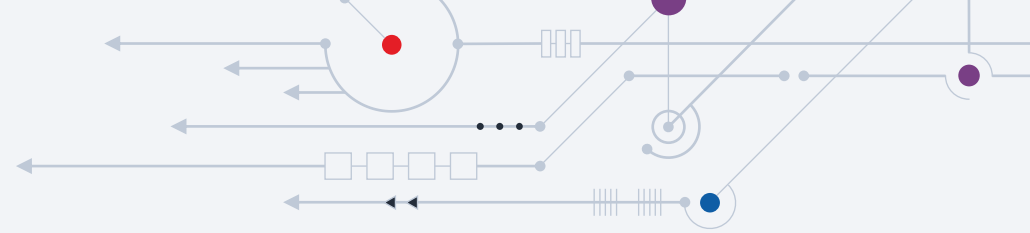


Accelium Workouts



	Workout 1	Workout 2	Workout 3	Workout 4	Workout 5
 Main Topic	Identifying the Problems Core	Paving a Route	Dealing with a Change	Identifying Anchors	Identifying Key Points
 Leading Game	Move It 	Blocker 	2-Flags 	PingWins 	Elements 
 Skills	<ul style="list-style-type: none"> • Problem Solving • Analytical Thinking • Systematic vision • Following Move Order • Planning 	<ul style="list-style-type: none"> • Decision-Making • Calculation • Adaptability • Resource Management • Prioritization 	<ul style="list-style-type: none"> • Adaptability • Decision-Making • Flexible Thinking • Focus • Planning 	<ul style="list-style-type: none"> • Analysis and Deduction • Problem Solving • Identifying Patterns • Following Move Order • Planning 	<ul style="list-style-type: none"> • Decision-Making • Calculation • Planning • Strategic Thinking

Accelium Workouts



	Workout 6	Workout 7	Workout 8	Workout 9	Workout 10
 Main Topic	Creative Thinking	"The Eliminating Alternative Tool"	Resilience	Group Structure	Risk Management
 Leading Game	What's in the Box 	Enigma 	Climb Up 	Clash 	Lockdown 
 Skills	<ul style="list-style-type: none"> • Creativity • Identifying Patterns • Persistence • Following Move Order • Flexible Thinking 	<ul style="list-style-type: none"> • Analysis & Deduction • Calculation • Analytical Thinking 	<ul style="list-style-type: none"> • Problem Solving • Analysis & Deduction • Persistence • Following Move Order • Planning 	<ul style="list-style-type: none"> • Cooperation • Planning • Strategic Thinking • Following Move Order • Calculation 	<ul style="list-style-type: none"> • Calculation • Strategic Thinking • Prioritization • Planning • Resource Management

Matrix of skills per Thinking Workout

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Identifying the Problems Core

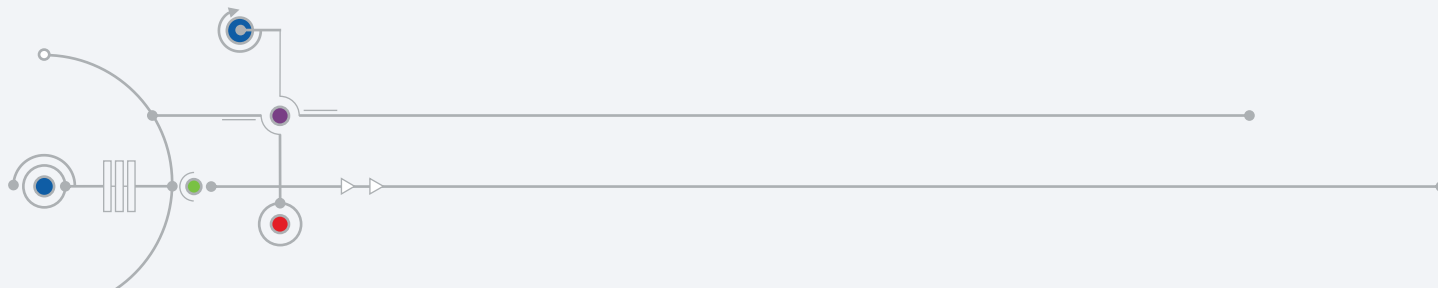
Description:

In this workout, we will deal with system problems.

A system is a collection of components linked together and functioning together for a common purpose. When one of the components stops working, a problem arises!

System problems are more common than you may think: A vehicle that stopped working, a team whose performance is inadequate or unsatisfactory, a product that does not function as planned... and more!

When the system is not functioning, we need to respond quickly and identify the problem's core.



About the game:

Move It is the leading game in this workout. It's a challenging puzzle game where you have to get the mover out of the room by moving furniture and clearing his path to the door.



Workout #1

Identifying the Problems Core

Main Skill:

Problem Solving

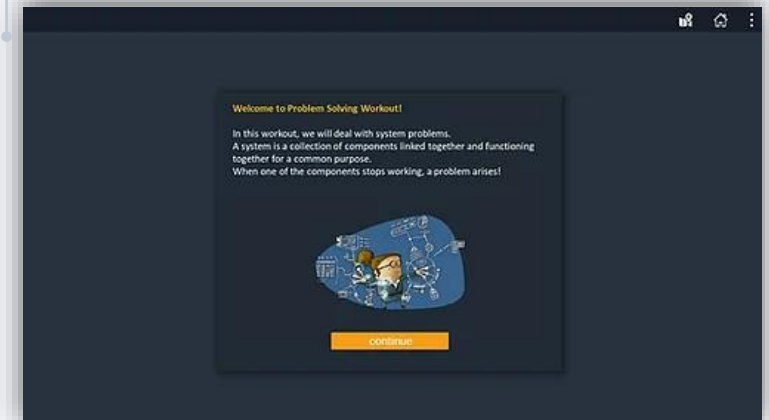
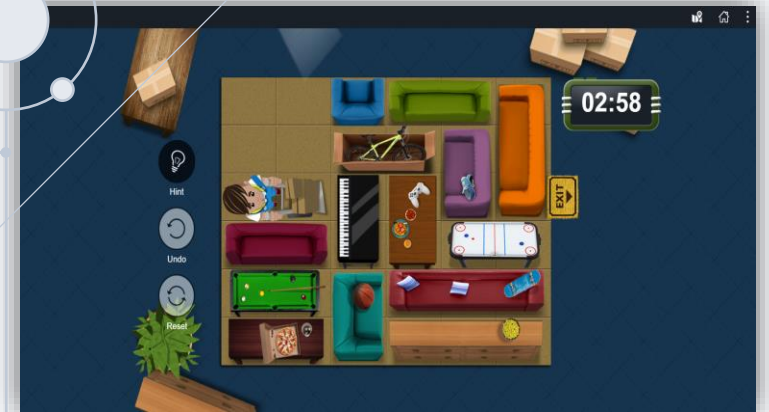
Sub- Skills

Analytical Thinking

Systematic vision

Planning

Following Move Order



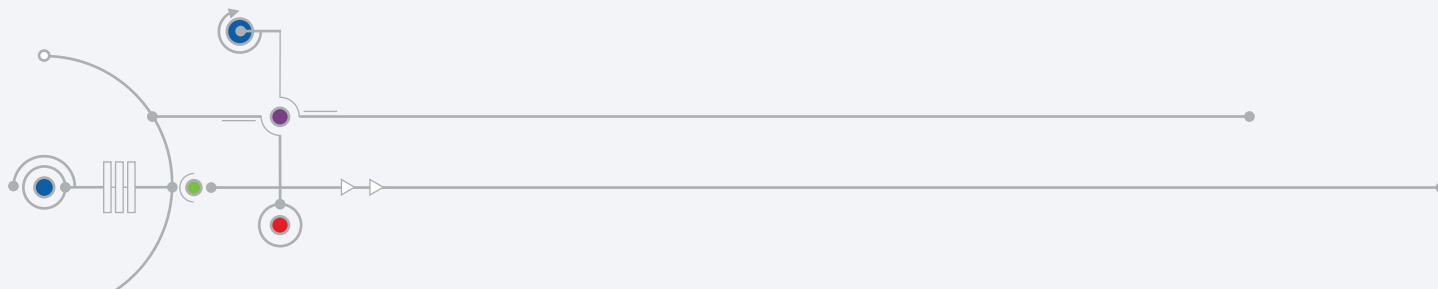
Paving a Route

Description:

Paving a route is a key concept in decision-making. This workout emphasizes the importance of identifying a critical path and taking active action - two essential principles that will improve our chances of sticking to decisions and achieving goals.

About the game:

The game in this workout is called Blocker- a strategy game designed for two players. Each player is given a limited number of resources in the form of barriers that can help block the opponent's progress and pave the way for victory!



Workout #2

Paving a Route

Main Skill:

Decision-Making

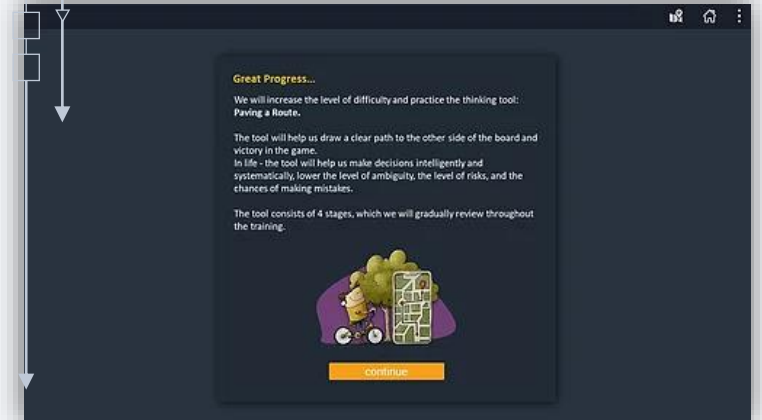
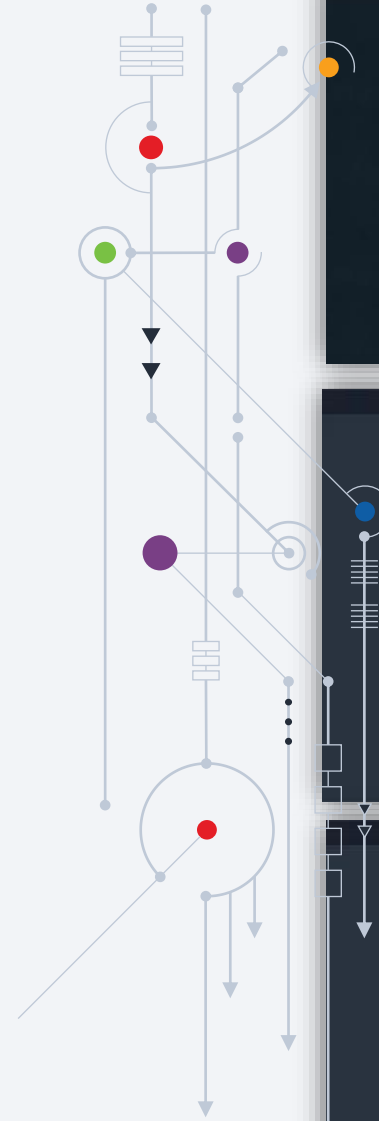
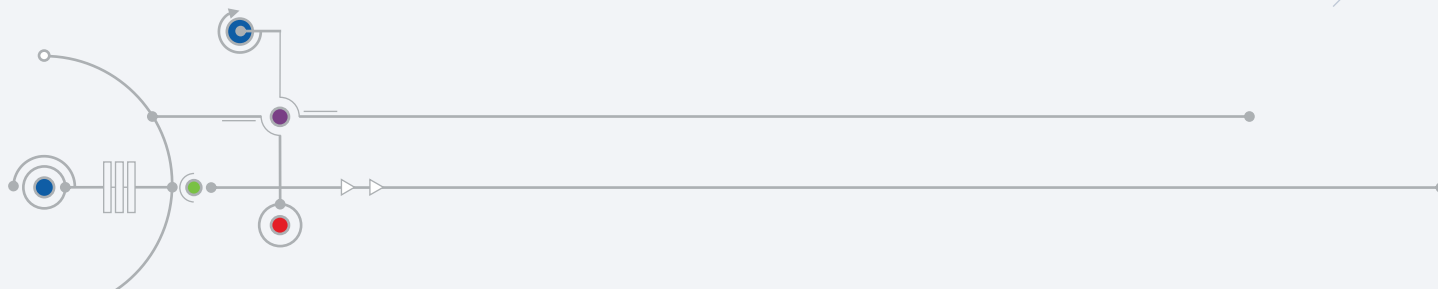
Sub- Skills

Calculation

Adaptability

Resource Management

Prioritization



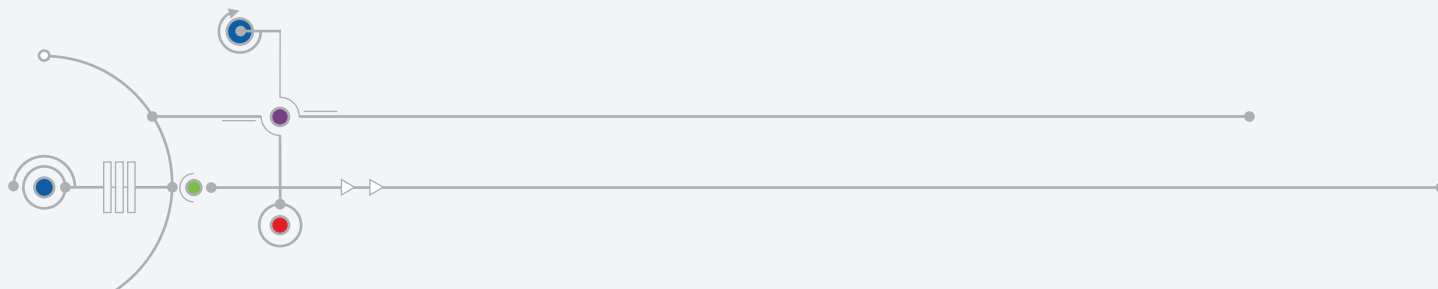
Dealing with a Change

Description:

In this workout, you will get to know and practice a thinking tool called the Stoplight Method. The method will help us deal with changes. The Stoplight Method is a meta-cognitive method that emphasizes our ability to detect changes ahead of time and adapt ourselves to changing situations.

About the game:

The game in this workout is 2 Flags. It's a two-player strategy game in which you must conquer the opponent's flag by harmoniously using five scouts (game pieces). To win, you will need to create a plan and execute it while overcoming the opponent's threats.



Workout #3

Dealing with a Change

Main Skill:

Adaptability

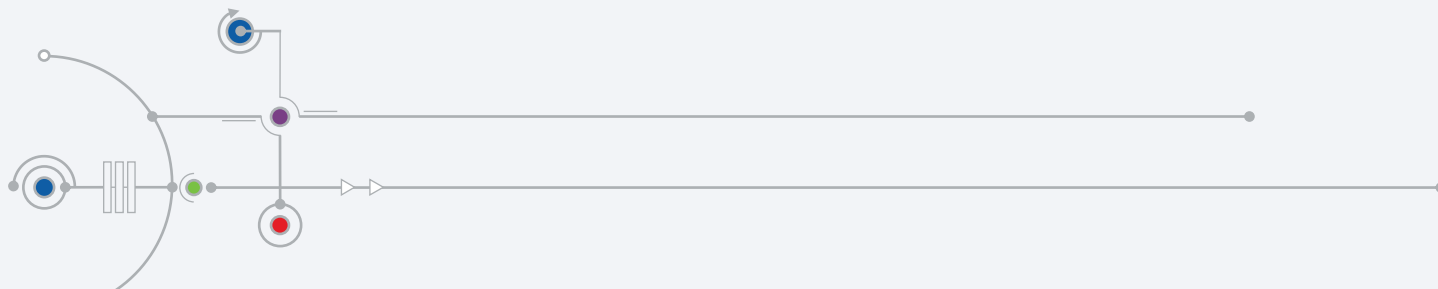
Sub- Skills

Decision-Making

Flexible Thinking

Adaptability

Planning



Identifying Anchors

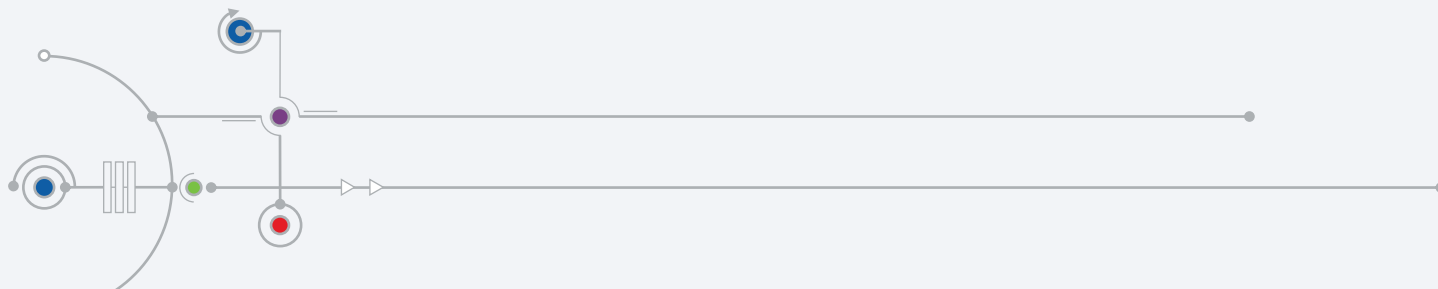
Description:

This Workout will focus on the tool: Identifying Anchors. Anchors are an essential key in situations where we are required to make a decision, plan, or solve a problem. In situations where the uncertainty is great, the anchor will guide us and help scatter the uncertainty and fog.

Uncertainty or "fog" is a situation where what was obvious a moment ago is now in doubt, and the main difficulty is the inability to carry out a plan. The anchor is the constant thing that will remain stable and not change within the dynamic reality.

About the game:

PingWins is a challenging puzzle game where we have to lead the penguin into the fishing hole. The path will not always be clear, and the solution lies in our ability to identify anchors!



Identifying Anchors

Main Skill:

Analysis and Deduction

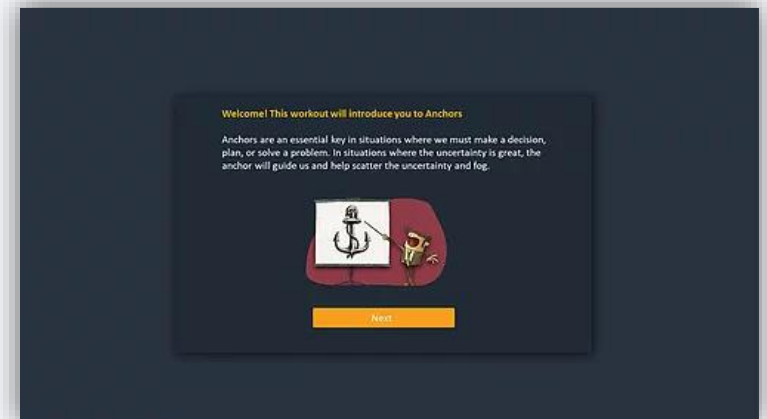
Sub- Skills

Problem Solving

Identifying Patterns

Following Move Order

Planning



Identifying Key Points

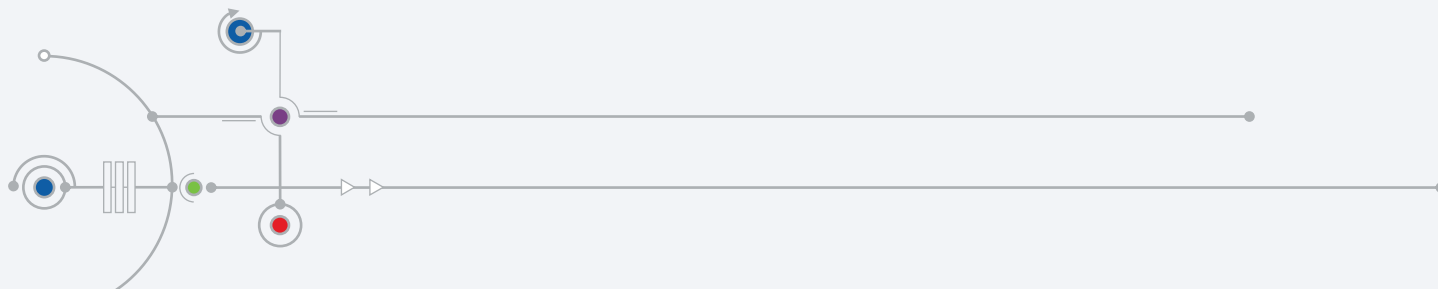
Description:

Our world is constantly changing! Organizations face new laws, new regulations, changing trends, changes of political forces, and more... every day! Add to that changes in the workforce and constant pressure to improve performance and reduce risks. To ensure the smooth functioning of a business in a dynamic environment like the one we described, we must hold on to Key Points.

The workout will shed light on the importance of identifying and controlling Key Points. This is a management tool that will help us deal with dynamic environments characterized by frequent changes.

About the game:

We will practice the 'Key Point' identification tool using the game Elements. Elements is a strategy game designed for two players. Both players try to gain control of the game board. Control will be achieved if you identify the key points and catch them before the opponent!



Workout #5

Identifying Key Points

Main Skill:

Decision-Making

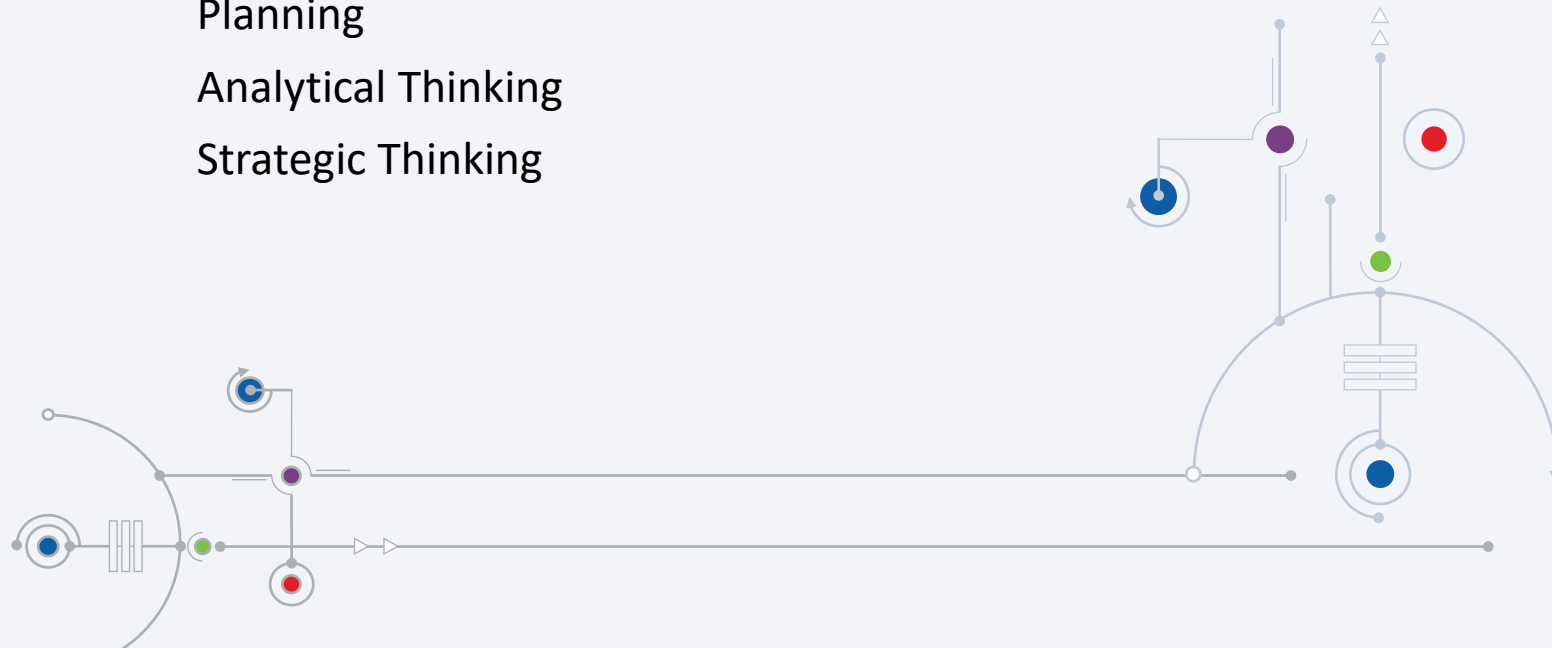
Sub- Skills

Calculation

Planning

Analytical Thinking

Strategic Thinking



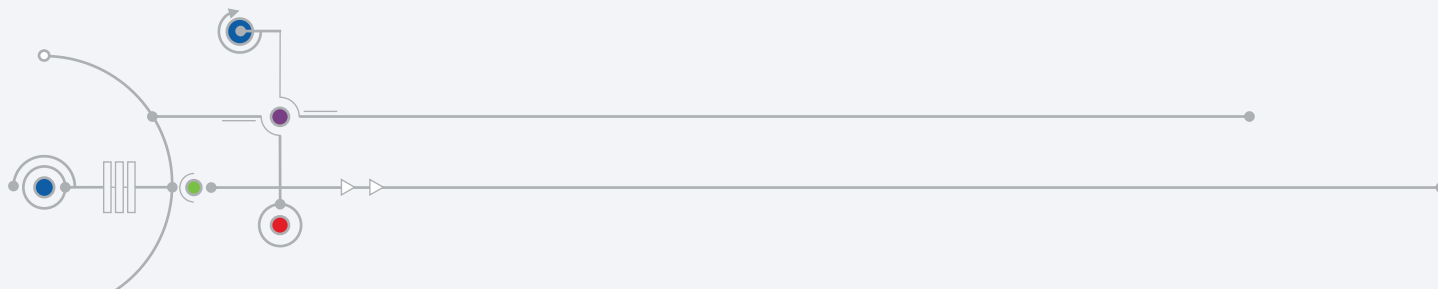
Creative Thinking

Description:

Creative thinking is the process of nurturing your imagination allowing you to “think out of the box”. Being able to train your mind to think creatively helps you invent, problem-solve, create and communicate in fresh, new ways. Creative thinkers are in high demand in the job market and creative thinking is one of the key skills needed in future jobs according to a recent report by the World Economic Forum.

About the game:

The leading game in this workout is: What's in the Box. The game has no rules, only a set of operations you need to identify to move and advance between the levels. This unique game requires you to think outside the Box and involves lateral thinking, which is the ability to perceive patterns that are not obvious. The game involves and practices your multi-dimensional and multi-directional thinking as well as your mental flexibility



Workout #6

Creative Thinking

Main Skill:

Creativity

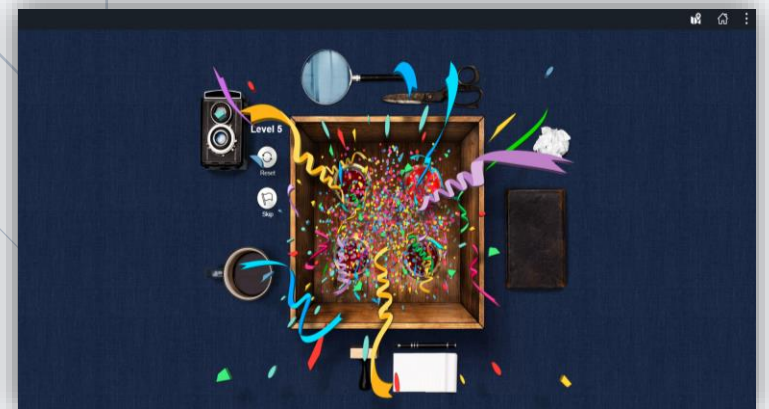
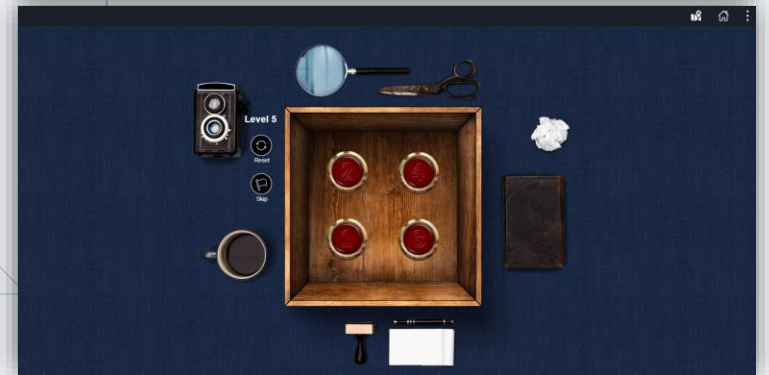
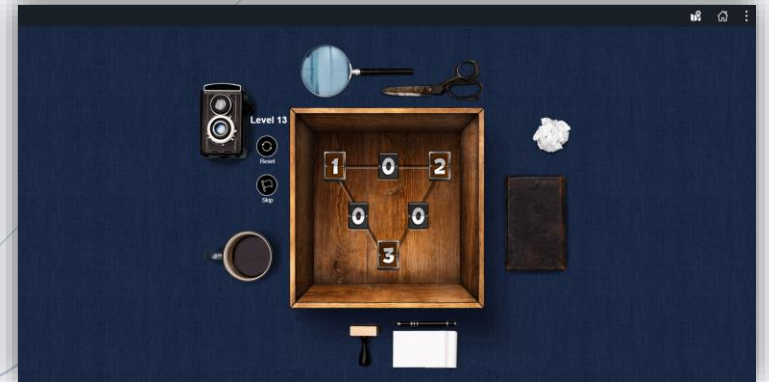
Sub- Skills

Identifying Patterns

Persistence

Following Move Order

Flexible Thinking



“The Eliminating Alternative Tool”

Description:

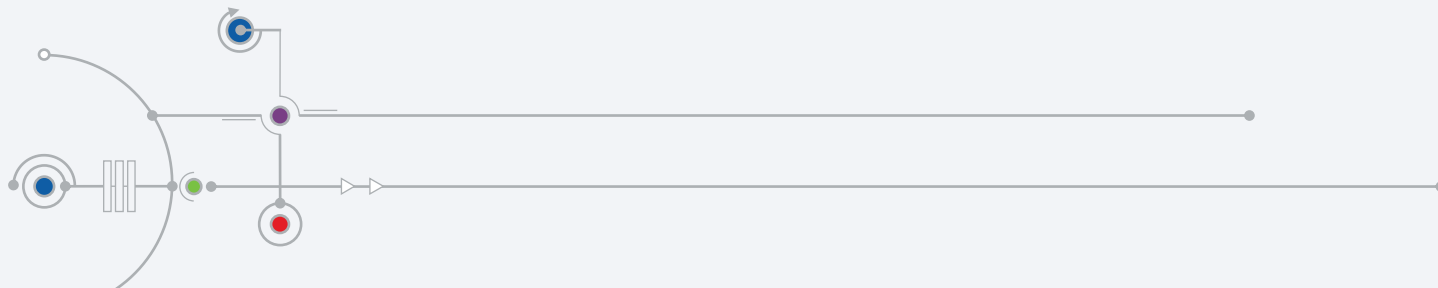
This workout will focus on familiarity and practice with “The Eliminating Alternative Tool”- Proof by contradiction. Elimination is a powerful tool that can help us in the processes of analysis, decision making, and problem-solving. This may sound a bit trivial to you since you are probably experienced in eliminating options and use the method quite a bit in various contexts.

But- many times, we rush to disqualify options because of a gut feeling or without having done an orderly process. In such situations, we may omit good possibilities that could actually bring us closer to a solution.

Proper application of the tool will improve your performance in many areas!

About the game:

The leading game in this workout: Enigma
Enigma deals with cracking a secret code. The objective of the game is to reveal your opponent's code before your code is revealed. But how? You only see the back of the opponent's code tiles and only see your code. Information gathering, Conclusions, Systematic work, and eliminating options are the skills that will help achieve the goal.



Workout #7

“The Eliminating Alternative Tool”

Main Skill:

Analysis & Deduction

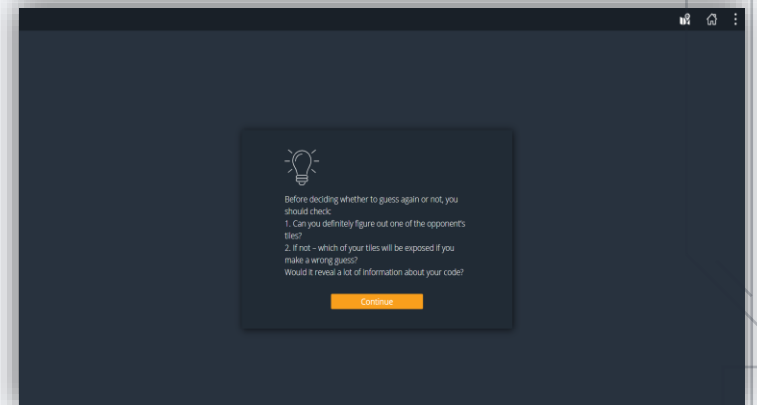
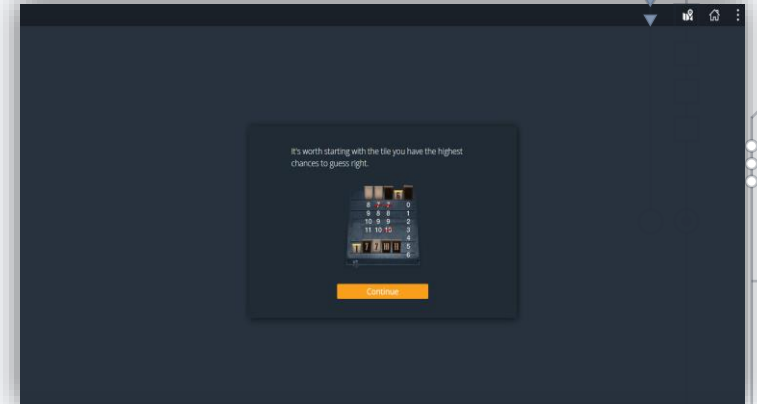
Sub- Skills

Calculation

Prioritization

Analytical Thinking

Efficiency



Workout #8

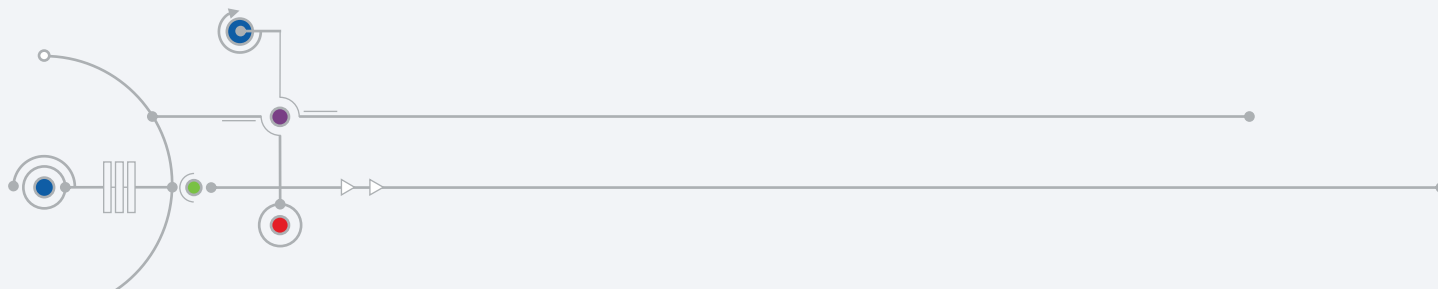
Resilience

Description:

Have you ever wondered why some people stay calm in the face of surprises and changes while others lose peace and focus? People who can navigate life experiences effectively have a high resilience. Even if you consider yourself a strong person, you will inevitably encounter challenges at some point during your life journey. Your resilience is the key to turning challenges into successes. In this workout, we will get to know the Alpinist Method - a useful strategy for developing resilience and successfully coping with life's challenges!

About the game:

The leading game in this workout: Climb Up
Its goal is to lead the alpinist to the top of the mountain.
The climber can move from peg to peg with the help of his resources: pegs and ropes connecting them.
Good plan, adaptability to the field, and resourcefulness - will lead the alpinist to the top!



Workout #8

Resilience

Main Skill:

Analysis & Deduction

Sub- Skills

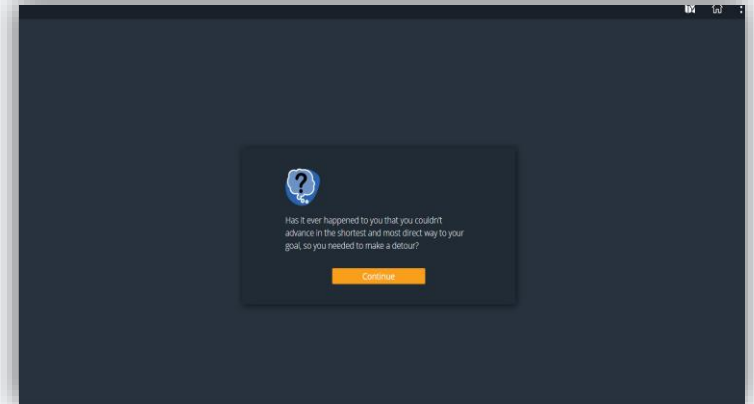
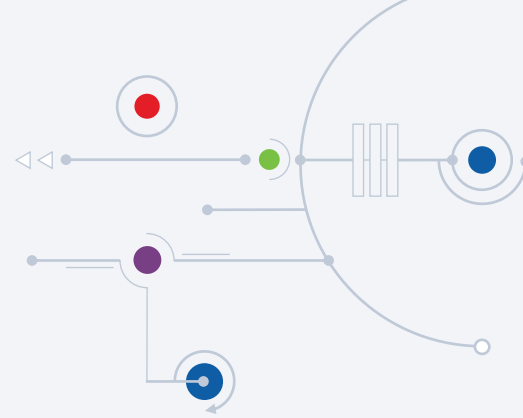
Persistence

Problem Solving

Following Move Order

Planning

Efficiency



Group Structure

Description:

What is the connection between birds that migrate to warm districts and teamwork ?What is unique about the migration birds is their group structure while during their flight. The group flies in a V-shape formation, with the group leader leading at the edge of the structure and taking on most of the effort. It is the uniqueness and synergy of flight in this way that reduce the friction of the air and increase the flight of the bird's wings in front of it. Flying in this structure is 70% more efficient and faster than flying a single bird. Therefore, the group can reach far distances. What can be deduced from this about teamwork? A team working together with the most suitable group structure will reach synergy and higher achievements. Unity for a common goal, a combination of talent diversity and mutual assistance, will bring the entire team to higher achievements.

About the game:

The leading game in this workout: Clash

Clash is a two-player abstract strategy game. Players are represented by opposing black and white marbles on a hexagonal board with the objective of pushing six of the opponent's marbles off the edge of the board. Only the correct structure of the group of your marbles will allow you to gain a significant advantage and win.



Workout #9

Group Structure

Main Skill:

Cooperation

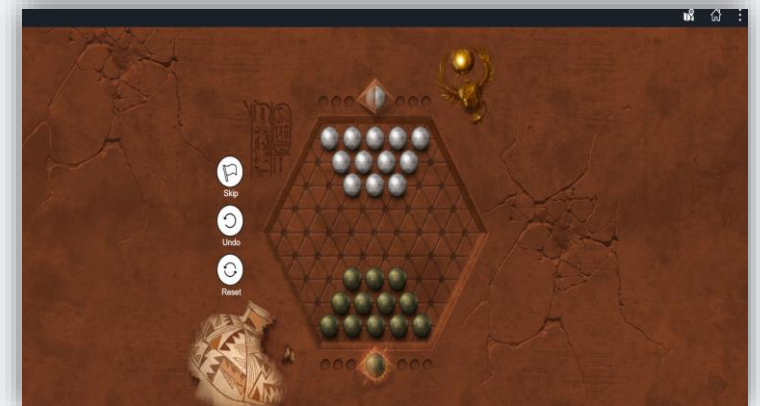
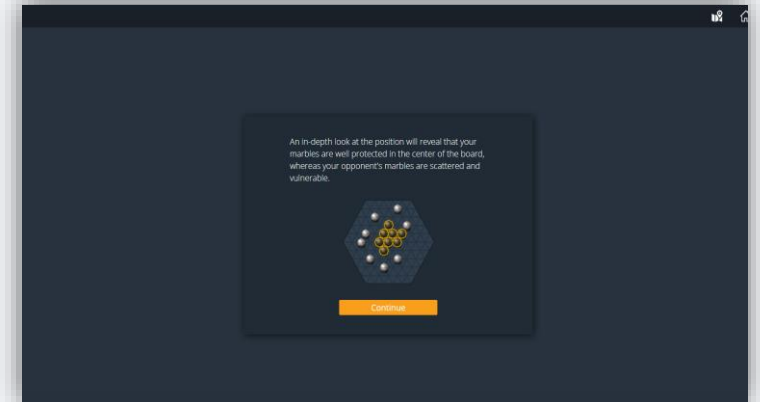
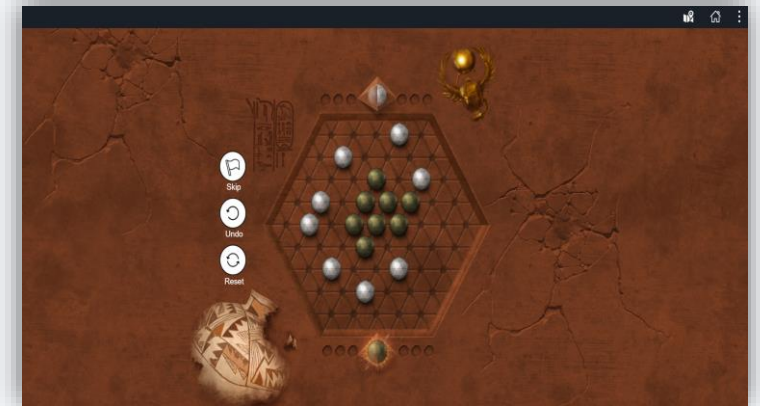
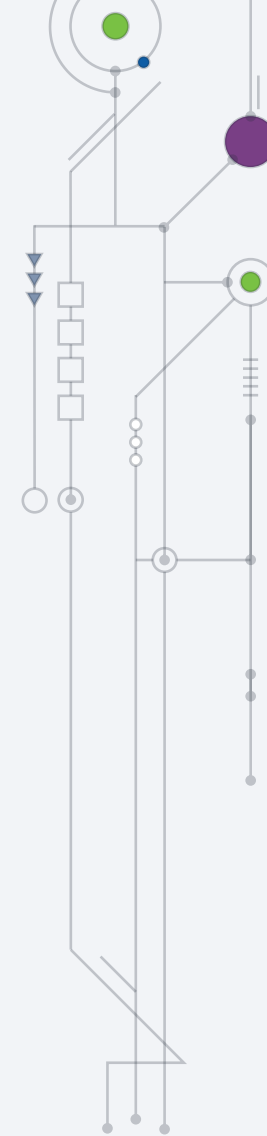
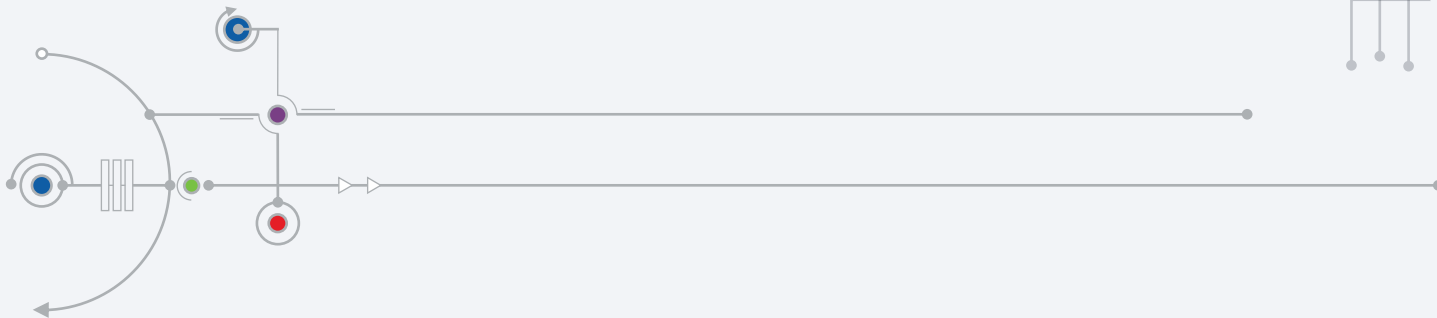
Sub- Skills

Planning

Strategic Thinking

Following Move Order

Calculation



Risk Management

Description:

The purpose of the workout is to introduce a useful tool in the risk management process.

The tool is called Prophylaxis.

This is a term in Chess that means Preventative Action.

In Chess, a prophylactic move is intended not only to improve the position of the chess player, but also as an action that prevents the opponent from improving a position or creating a threat.

Risk management is an essential part of effective business planning. In the world of risk management, Prophylaxis or preventative thinking is the ability to identify potential problems before they occur so that actions can be planned to reduce or completely prevent the negative outcome in case these problems will be realized.

About the game:

The leading game in this workout: **Lockdown**

A strategy game that takes place in a secret high-tech lab. A sophisticated robot rebels and tries to escape. You must set up barriers and prevent the escape attempt.

Soon after you start playing, you will understand that the game requires you to carry out a risk management process and to adopt a Preventive Thinking state of mind.

Both are aimed to avoid situations where we find ourselves 'On the Rocks.'



Main Skill:

Strategic Thinking

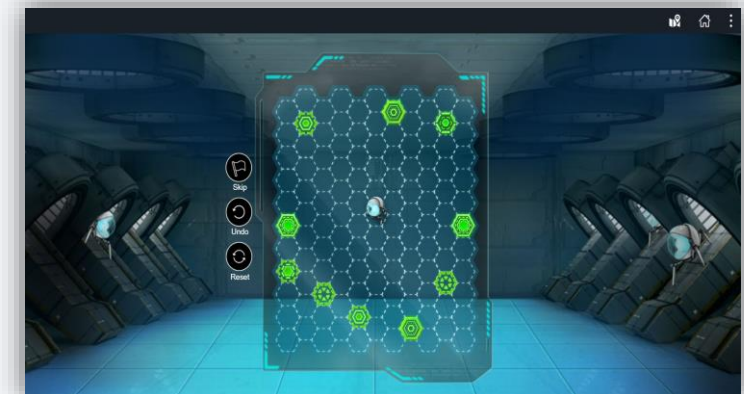
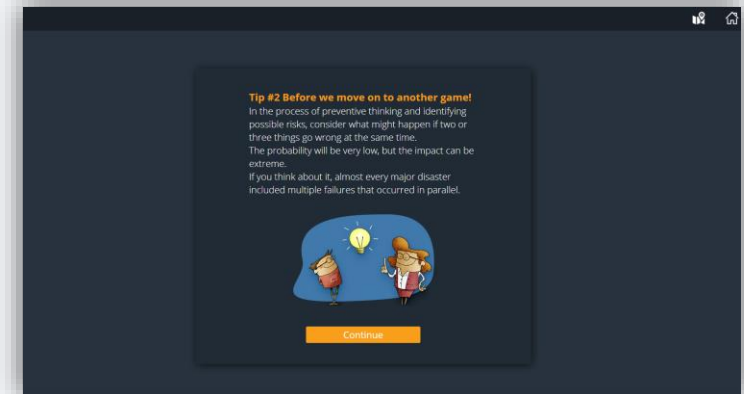
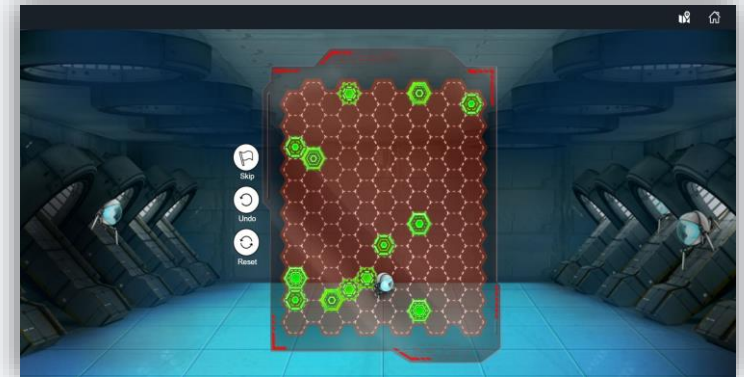
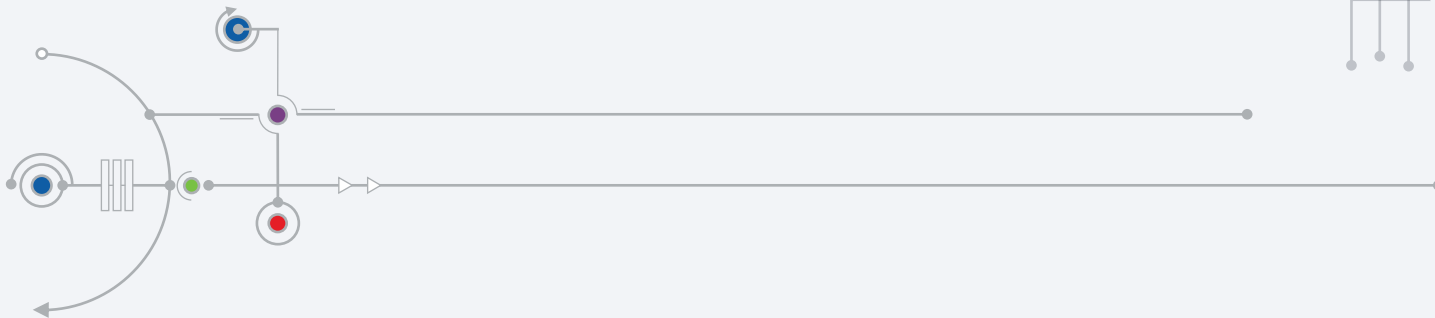
Sub- Skills

Planning

Calculation

Resource Management

Prioritization





Thank You!

